



## SFLT Trust Photography Competition - May/June

### The First Buds of Spring – Getting Close to Nature

The world looks far more interesting when you look at it in new, unusual or different ways. Practising **mindfulness** encourages you to live in the *present* and to appreciate and search for the beauty in your everyday surroundings.

Look at the next 3 slides for some examples of photographs that exploit close up or macro techniques to give you some initial ideas. Remember that **Springtime** is often associated with **new growth, new beginnings and change**; and is often a very **positive sign** that the cold darkness of Winter is ending.

Go out for a walk, or around your garden and try and shoot your own set of photographs on your cameras/phones that explore the theme - **The First Buds of Spring**. Then use your phone camera's own editing software, crop and refine your best **chosen single image** so it is as visually startling/interesting/colourful as possible.

Email your photographic entries as attachments with your Name, Year and Form to: [pblackburn@sflt.org.uk](mailto:pblackburn@sflt.org.uk) before Friday June 17<sup>th</sup> 2022 – winners will be announced on Thursday 30<sup>th</sup> June 2022. Prizes and certificates to follow.



Excellence, Manners, Perseverance, Listening, Organised, You, Motivation, Employability



**Getting close to Nature with your camera**

## Use your phone camera on macro or close up setting if possible and consider your vantage point

### Tips:

- Shoot with your phone **camera on floor** – ‘ants eye view’ (very low camera angle)
- Shoot with your **camera very close to the object** being explored (Macro)
- Watch out that your own shadow doesn’t fall on the object (check where the sun is)
- Try and capture 10 different images and then select your favourite image to edit in your camera/phone **editing software**
- Think how you **might crop the image** to remove distracting elements to get closer to the main subject if needed.
- You might **enhance the colour** to make it more saturated.
- You might adjust the **exposure to get the tonal contrast** stronger.



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**USING VERY LOW  
CAMERA ANGLES**

