

## **Parental update Monday 23 March**

Dear Parents

We are aiming to keep you up to date with events on a regular basis and at least twice weekly.

I'm sure that the vast majority of you are doing everything you can for your daughters at this extremely challenging time. Keeping them at home and away from others is an important part of that but probably quite challenging although absolutely vital.

It is alarming though to hear that many of our pupils have been out and about socialising with each other. If schools have been shut it's in an effort to reduce the spread of the virus but this won't happen if younger people continue to go out and meet each other. Please, they must stay at home to keep safe.

Something which is becoming clearer is why we need to be washing our hands so regularly. Apparently the virus stays on plastic for 4 days, paper for 3, metal for 3 etc. So therefore, something that is not habitually kept in the house might have been touched previously by somebody who has the virus, we just don't know.

Evidence from our schools today shows us that the vast majority of our pupils are at home or should be at home. School remains open though to the parents of key workers and vulnerable pupils.

For those keen on exercising under such restrictive conditions, you might be interested in an exercise session led by the 'Body Coach'. This is a 30 minute session on line every day starting at 9am. The girls tuned into that in school today and it was clearly worth doing.

It is vital that the girls do some work from home. Each one knows how to do this because the school went over it with them. In an effort to keep them on track, we are aiming to contact all of our girls on a regular basis to track how they are doing. Staff will want work sent back to them so there is an expectation that the girls will do it.

Regarding Year 9 options, Mrs Wildey is working with the staff to put together presentations on line so that Year 9 girls will be able to make their choices knowing a little more about those subjects which are new to them.

Finally, thank you again for your ongoing support. Staying safe is the most important thing right now and therefore I apologise if much of the tone of this letter centres around that, but it is fair to say that we are all apprehensive.

Mr Reese